

Health Scan Program 50+ MALE

This service does not only include up-to-date technology and internationally trained English speaking physicians but also a personal escort assuring that there are no misunderstandings during your stay accompanying you from examination to examination.

1. Medical Consultation

The medical examination program begins with an initial talk with the doctor to discuss existing reports, and current medical problems and finally ends with an extensive talk discussing the results.

2. Total Body Scan

The check-up examines the main vital organs and blood vessels, using magnetic resonance imaging, computed tomography and ultrasonography. The goal of these examinations is to discover possible signs of common diseases (mainly heart-circulatory problems, vascular abnormalities, and the presence of tumours) in an early stage. The following organs will be examined:

1. Skull and brain

- risk of a stroke and cerebral haemorrhage
- benign and malignant tumours
- inflammations
- calcification and changes in the arteries

2. Carotid artery supplying blood to the brain

- calcification and changes in the arteries that can lead to stroke or cerebral haemorrhage

3. Heart (depending on age and risk factors)

- calcification of the coronary vessels, which can lead to a heart attack
- possible risk factors in the next five years
- inflammation of the cardiac muscle and pericardium

4. Lungs (depending on age and risk factors)

- tumours
- inflammation
- scar tissue
- emphysema or other pulmonary illnesses

5. Upper abdomen

- evaluation of all the organs of the upper abdominal area (except for the stomach and intestines)
- checks for tumours in the liver, gall bladder, pancreas and kidneys
- checks for gall- and kidney stones
- checks for cysts and lymph gland enlargements
- examination of the aorta
- examination of the spleen

6. Lower abdomen and pelvic cavity

- evaluation of all the organs of the lower abdominal area, such as the bladder, prostate
- checks for tumours, alterations and cysts
- checks for cysts and lymph gland enlargements
- examination of pelvis and hip joints
- evaluation of the lumbar spinal vertebrae

3. Laboratory Examination

Examination of blood, urine and stool for specific parameters (haemogram, blood sugar, kidney parameters, liver parameters, etc.).

4. Cardioprogram Plus

This program includes echocardiography (cardiac ultrasound), electrocardiogram (ECG), and ergometry to test the function of the heart valves and the pumping of the heart.

5. Urological Examination

- consultation with urologist
- examination of the prostate gland
- ultrasound of the kidneys, the testicles, and the lower abdomen including residual bladder volume

6. Skin Cancer Screening

Examination of the skin using modern digital epiluminescence microscopy for early detection of melanomas.

7. Colon Cancer Screening (Endoscopic Colonoscopy)

The colon cancer screening is an examination for the early detection of polyps which may become colon cancer at a later stage. This examination examines the colon with an endoscope and grants the opportunity for removal of suspected polyp and biopsy. For the examination the colon must be cleaned on the previous day.

8. Interpreter Service

The interpreter will accompany the client throughout his stay and is a Russian native speaker with medical knowledge.

9. Translation Service

The translation fee covers the translation of the medical reports into Russian for any further handling.

Price/Person: € 4.620,—

Duration of examination: about two half days + 45 minutes final talk with the doctor

Specific examinations (i.e. biopsy of suspected polyps during colonoscopy, gynaecological smear, etc.) as well as specific laboratory parameters (not included in the regular laboratory testing) might cause additional costs (for cytological resp. histological tissue examinations) which will be charged separately.

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