

## Health Scan Program 35+

### 1. The Total Body Scan

The Total Body Scan is the backbone of our check-up program. The examination provides a complete picture of the body. During this examination the vital organs and blood vessels are examined using the most up-to-date imaging technique.

#### **This examination covers the following:**

#### 1. Skull and brains

- possible risks of a stroke cerebral infarct/ brain haemorrhage
- benign (good-natured) and malignant (unfavourable) tumours
- Infections
- obstruction and changes in the forms of the major blood vessels

#### 2. Brain supplying arteries

- obstructions and changes in the arteries that can lead to a stroke or cerebral haemorrhage

#### 3. Heart (depending on age and risk factors)

- calcification of the coronary arteries, which can lead to a heart attack
- risk ascertainment for the next five years
- infections of the heart muscle and pericardium

#### 4. Lungs (depending on age and risk factors)

- tumours
- infections
- scar tissue
- emphysema or other pulmonary diseases

#### 5. Upper abdomen

- evaluation of all the organs in the upper abdominal area
- check for tumours in the liver, gall bladder, pancreas and kidneys
- check for gall and kidney stones
- check for cysts and lymph gland enlargements
- examination of the aorta
- examination of the spleen

#### 6. Lower abdomen

- evaluation of all the organs in the lower abdominal area, such as the bladder, prostate (for men), uterus and ovaries (for women)
- check for tumours and external changes
- check for cysts and lymph gland enlargements
- examination of pelvis and hip joints
- evaluation of the lower spinal column

The Total Body Scan takes about half a day. The findings will be evaluated by independent medical specialists who will consult with other experts should the necessity arise. The results of the examinations will be explained to the client, organ by organ on a screen. The client will receive a written report of the results as well as a CD ROM with all relevant information.

## **2. Lab testing (extensive lab analysis)**

Some diseases are not reliably exposed with the Total Body Scan. A more complete picture of your health can be obtained with additional laboratory tests. A blood test for blood lipids, blood sugar, PSA, etc., and tests for glucose and blood in the urine are of great value.

## **3. ECG (Electrocardiogram)**

In addition the ECG (electrocardiogram) can identify heart disorders that may not be detected by the Total Body Scan (e.g., dysrhythmia).

## **4. Translation service**

- 4 hours flat-rate for interpreter service and translation service for medical results

**Duration of examination: 3 hours + 30 min (report consultation in the afternoon)**

The examination programs specified are available in Vienna and Graz.  
Additional examinations, e.g. Brain Fit, mammography, etc. are only available in Vienna.

**Price: EUR 2,400.00**

### **Contact & Information:**

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