

Health Scan Program 50+

1. The Total Body Scan

The Total Body Scan is the backbone of our check-up program. The examination provides a complete picture of the body. During this examination the vital organs and blood vessels are examined using the most up-to-date imaging technique.

This examination covers the following:

1. Skull and brains

- possible risks of a stroke cerebral infarct/ brain haemorrhage
- benign (good-natured) and malignant (unfavourable) tumours
- Infections
- obstruction and changes in the forms of the major blood vessels

2. Brain supplying arteries

- obstructions and changes in the arteries that can lead to a stroke or cerebral haemorrhage

3. Heart (depending on age and risk factors)

- calcification of the coronary arteries, which can lead to a heart attack
- risk ascertainment for the next five years
- infections of the heart muscle and pericardium

4. Lungs (depending on age and risk factors)

- tumours
- infections
- scar tissue
- emphysema or other pulmonary diseases

5. Upper abdomen

- evaluation of all the organs in the upper abdominal area
- check for tumours in the liver, gall bladder, pancreas and kidneys
- check for gall and kidney stones
- check for cysts and lymph gland enlargements
- examination of the aorta
- examination of the spleen

6. Lower abdomen

- evaluation of all the organs in the lower abdominal area, such as the bladder, prostate (for men), uterus and ovaries (for women)
- check for tumours and external changes
- check for cysts and lymph gland enlargements
- examination of pelvis and hip joints
- evaluation of the lower spinal column

The Total Body Scan takes about half a day. The findings will be evaluated by independent medical specialists who will consult with other experts should the necessity arise. The results of the examinations will be explained to the client, organ by organ on a screen. The client will receive a written report of the results as well as a CD ROM with all relevant information.

2. Lab testing (extensive lab analysis)

Some diseases are not reliably exposed with the Total Body Scan. A more complete picture of your health can be obtained with additional laboratory tests. A blood test for blood lipids, blood sugar, PSA, etc., and tests for glucose and blood in the urine are of great value.

3. ECG (Electrocardiogram)

In addition the ECG (electrocardiogram) can identify heart disorders that may not be detected by the Total Body Scan (e.g., dysrhythmia).

4. Colon cancer screening (virtual colonoscopy)

Some 5,000 new cases of colon cancer are diagnosed alone in Austria every year, and one out of two cases proves fatal. Colon cancer differs from other types of cancer in one fundamental way: in 90% of all cases, polyps can exist for many years, at first benign (good-natured) and causing no pain. However, over a period of time these can develop into malignant (unfavourable) tumours.

Both the polyps and carcinoma can be detected through colonoscopy (endoscopy). Early detection of these polyps may therefore be a matter of life or death. This check-up is generally recommended from the age of 50, if no other risk factors are present.

Preparation needed: Your colon must be completely empty for this examination.

5. Translation service

- 4 hours flat-rate for interpreter service and translation service for medical results

Duration of examination: 3,5 hours + 30 min (report consultation in the afternoon)

The examination programs specified are available in Vienna and Graz.

Additional examinations, e.g. Brain Fit, mammography, etc. are only available in Vienna.

Price: EUR 2,770.00

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