

Dorint Vital Royal Spa Seefeld / Tirol

Experience over 3500 square meters at the exclusive Wellness area. Dive into the water with its in- and outdoor pools, surrounded by extensive lying and leisure areas, tropical showers and an infrared-cabin. Relax in our saunas like caldarium, herbal sauna, laconicum or the South Tyrolese sauna and experience pure calmness in the Canyon Garden with heated waterbeds, and in the Grotte with heated ceramic beds. In addition the hotel offers several baths like the Asiatic luxury bath, Seraglio bath, Royal bath and the special vitalizing Solegrotte.

Beauty treatments with algae and sea salts, medical foot care, colour therapy and hydro baths are just a few examples of the extensive offer. At the Medi-Care-Center, under medical guidance, western healing methods with traditional Chinese medicine (TCM) are combined, which improve inner balance and well being.

Purification weeks (fasting cure) - 14 days

Cleaning the body within 14 days. Relieve your body from waste products, radicals and other poisons. It is the optimal pre condition for an individual new start of body and soul.

- 2 laboratory examinations (5 Parameter)
- Initial medical examination
- Fitness check lactate testing
- Muscular check
- Bio impedance analysis
- Creation of a training schedual
- Indiv. Cardio training unit
- 2 lymph drainages or whole body massage
- 4 hay packs
- 3 stomach massages
- 3 acupuncturs
- 2 nutrition councellings
- Medical post Therapie consultation
- 3 relaxing units (PMR, autogenes Training, imaginary journey)
- 5 elements nutrition full board

Price/Person: EUR 1159.00

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