

Gasteiner Heilstollen – Radon Therapy – for natural pain relief

Combat pain with a unique combination of high humidity, heat and radon!

A combination of mild over-heating, known as hyperthermia, and radon therapy is the heart of the concept. The climate in the Gasteiner Heilstollen (Radon - 44 kBq/m³, temperature 37-41.5°C (98.6.-106.7°F) and humidity - 70-100%) activates the body's own cell messengers, which promote healing and reduce inflammation, with long-lasting effects. It has been shown that patients with diseases of the locomotor apparatus can expect pain to be alleviated for round 9 months and a reduced need for medication for 1 year after the treatment.



Conditions for which the treatment is particularly beneficial:

(Univ. Prof. Dr. Ritter 2008)

- **Diseases affecting the locomotor apparatus:** Ankylosing Spondylitis and other spondylarthroses, Chronic Polyarthritis (Rheumatoid Arthritis), Arthroses (including polyarthrosis of the fingers), Chronic gout, Psoriatic Arthritis, Spinovertebral syndrome, Fibromyalgia, Osteoporosis pains, Neuralgis, Polyneuropathia, Sports injuries, Sarcoidosis
- **Respiratory Illnesses:** Chronic Bronchitis, Bronchial Asthma, Chronis Sinusitis, Chronic obstructive pulmonary disease (COPD), Hay fever
- **Skin Conditions:** Psoriasis (vulgaris), Neurodermatitis, Wounds which fail to heal, Scleroderma
- The treatment is also helpful as a prophylaxis (preventative medicine), as well as in stabilizing the immune system.





Packages

1 Week active offer

- 3 Heilstollen sessions including rest and medical supervision
- 2 individual treatments at medical advice
- 2 therapy pool

Price/Person: € 251,- (all medical costs included)

2 Weeks therapy offer

- 6 Heilstollen sessions including rest and medical supervision
- 4 individual treatments at medical advice
- 3 therapy pool

Price/Person: € 485,- (all medical costs included)

3 Weeks therapy offer

- 10 Heilstollen sessions including rest and medical supervision
- 6 individual treatments at medical advice
- 3 therapy pool

Price/Person: € 739,- (all medical costs included)

Additional services upon demand:

- Visa Formalities
- Transportation
- Accommodation
- Interpreting services
- Social program for accompanying persons
- All-in-one support and billing

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